

## **DISCOVERING MASTERY THROUGH MENTORSHIP**

**Empowering the Emerging Self through Movement**

A 4 Day Mentorship Workshop for ABMNM Practitioners

**Co-Led by Judith Dack and Carla Reed**

Senior Anat Baniel Method of NeuroMovement Practitioners

The Scandinavian Center for Neurodevelopmental Movement invites you to a unique and unparalleled opportunity to experience a mentorship program with two outstanding professionals and practitioners of the ABMNM and Feldenkrais Methods.

### **Location:**

**Scandinavian Center of Neurodevelopmental Movement  
Langstrupvej 8, DK-3480 Fredensborg**

**Workshop Dates: September 13 – 16, 2019**

**Admission: 1250 Euro**

**Registration: 300 Euro / 950 Euro July 1<sup>st</sup> 2019**

**Register with: [team@neurodevelopment.dk](mailto:team@neurodevelopment.dk)**

**Group size limited to 14 participants**



## Coming Together

**Judith and Carla** have over 75 years of combined experience providing powerful outcomes for children and their families. Together, they have inspired colleagues and families around the world. In this program, you will experience the rich, innovative, collaborative teaching style of Judith and Carla as they share insights and practical tools from a long professional life of working with children with special needs. Carla and Judith model years of collaboration discussing clients, translating TML's into lessons for their child clients, and building and sustaining successful practices.

## Course Program

**Day 1** will emphasize EMERGENCE OF SELF with reference to effective communication with parents and children that nurtures confidence and competence in the child's self-perception.

**Day 2** will focus on the foundational movements of rolling and its impact on all future motor planning.

**Day 3** will explore how children uses variations of movement while lying on the belly to begin to move themselves through space.

**Day 4** will concentrate on how children learns to use the physics of their skeletons and gravity to their advantage in transitional movements from lying to sitting, all fours, and/or standing.

Each day Judith or Carla will teach a group movement lesson highlighting the foundational elements of that day's theme. During each of the four days, there will be time for questions and discussions of issues important to the participants. Participants will have the opportunity to observe and discuss lessons with children given by Carla and Judith and their fellow participants.

**Carla** will inspire participants to use their creativity to bring more of the variety of movement common to typical babies into the everyday experience of each child. She will weave the importance of EMERGENCE OF SELF into how playing with children on stairs or steps can provide necessity and incentive for children to expand their movement variations and transitions. Carla will also facilitate discussion of how practitioners can determine whether equipment or devices are beneficial or detrimental to a child's learning and/or healthy hip development.



**Judith** will use the EMERGENCE OF SELF as the context to focus on exceptional attunement to each child by showing how refined perception, intuited timing, the use of proximal and distal focus, and specific language provide a self-image template for the child. She will show how work with the tongue, mouth, and beginning sounds builds a foundation for speech and communication as a powerful self. Judith will also demonstrate the art of teaching children how to do small TML movements such that children begin to participate in generating their own discovery and changes from their habitual use of themselves.

### **This is for you...**

Participants will come away with a new and enduring understanding of:

- How to generate refined attunement and presence in every lesson
- How to hold the EMERGENCE OF SELF as a continual inspiration in every lesson
- How to promote improved feeding, vocalizations, and speech in every child
- How to model language with children and parents that always creates possibility
- How to introduce necessity and incentive to increase movement variations and transitions

### **Preparation**

We will contact registrants in advance to identify their particular concerns in order to weave them into the program.

We will meet for 4 days from 9 am (9:00) to 5 pm (17:00) at the Scandinavian Center of Neurodevelopmental Movement on Friday, September 13 through Monday, September 16, 2019.



The group can include up to 14 ABMNM participants who have completed the Children's Mastery, have developed an active ABMNM practice, and have been spending a significant portion of their practice working with children with special needs.

## JUDITH DACK

Judith Dack is the founder of Uptown Studio, in Toronto, Ontario where she runs an international practice for children with special needs and their families. Former Dancer, Feldenkrais Practitioner, ABMNM Practitioner, Certified Pilates Instructor, and a parent of a young woman with special needs, Judith is an international Speaker & Presenter on Neuroplasticity and ABMNM, the Creator and Presenter of *Transforming the Life of your Special Needs Child* workshops for parents, professionals, and fellow ABMNM Practitioners, and is a highly sought after mentor in her field.

## CARLA REED

Carla Oswald Reed is founder of Movement to Wholeness, LLC, a Pediatric Physical Therapist since 1969, ABMNM Practitioner and Trainer, Feldenkrais Practitioner, certified in Bobath NeuroDevelopmental Treatment (NDT) of Cerebral Palsy, Graduate of Magda Gerber's Resources for Infant Educators Intensive, Published author on Feldenkrais Method, Mother of 4 and grandmother of 7, Creator and Presenter of *Making Every Movement Count* workshops for parents, professionals, and fellow ABMNM Practitioners.

